

2020 Cedar High Track & Field

Boys Team Qualifying Standards

Event	State	BYU	Varstiy	JV	Minimum	Event
110 Hurdles	15.98	17.31	18.7	21.7	23.2	110 Hurdles
100 Meters	11.35	12.10	12.3	13.2	13.7	100 Meters
200 Meters	23.07	24.49	24.9	27.2	28.4	200 Meters
300 Hurdles	41.42	44.27	45.6	51.1	53.8	300 Hurdles
400 Meters	50.99	53.50	55.6	61.70	64.8	400 Meters
800 Meters	1:58.55	2:10.00	2:14.0	2:39.3	2:51.9	800 Meters
1600 Meters	4:28.90	4:49.00	5:01.2	5:40.6	6:00.3	1600 Meters
3200 Meters	9:49.02	Top 12 Times (4A)	10:42.0	11:52.7	12:28.1	3200 Meters
Long Jump	20' 3"	18' 1"	17'-11"	15'-3"	14'-0"	Long Jump
High Jump	6' 0"	5' 6"	5'-4"	5'-0"	4'-10"	High Jump
Shot Put	45' 9"	40'	37'-0"	28'-0"	24'-0"	Shot Put
Discus	131' 10"	122'	99'-0"	80'-0"	70'-0"	Discus
Javelin	157' 7"	137' 9"	120'-0"	96'-0"	84'-0"	Javelin
4x100 Relay	44.49	Top 9 Times (4A)				
4x200 Relay	*	Top 9 Times (4A)				
4x400 Relay	3:29.74	Top 9 Times (4A)				
4x800 Relay	*	Top 9 Times (4A)				

* Top 2 teams at Region automatically qualify + the next fastest times from Region or a State Qualifying Invitational with a Max of 18 teams.

2020 Cedar High Track & Field

Girls Team Qualifying Standards

Event	State	BYU	Varstiy	JV	Minimum	Event
100 Hurdles	16.07	17.89	18.5	20.7	21.9	100 Hurdles
100 Meters	13.03	13.98	14.1	16.3	17.5	100 Meters
200 Meters	26.54	28.62	29.5	32.6	34.2	200 Meters
300 Hurdles	47.64	51.47	53.4	60.7	64.3	300 Hurdles
400 Meters	1:00.24	1:03.95	1:05.7	1:16.1	1:21.3	400 Meters
800 Meters	2:22.05	2:39.00	2:43.4	3:08.9	3:21.7	800 Meters
1600 Meters	5:15.92	5:48.00	5:57.0	6:39.1	7:00.2	1600 Meters
3200 Meters	11:31.35	Top 12 Times (4A)	13:01.2	14:01.1	14:31.1	3200 Meters
Long Jump	16' 4"	14' 3"	14'-0"	12'-8"	11'-11"	Long Jump
High Jump	5' 0"	4' 7"	4'-5"	4'-0"	3'-11"	High Jump
Shot Put	33' 7"	28'	26'-0"	20'-0"	17'-0"	Shot Put
Discus	99' 9"	87' 1"	69'-0"	58'-0"	52'-0"	Discus
Javelin	107' 0"	90'	85'-0"	66'-0"	56'-0"	Javelin
4x100 Relay	51.44	Top 9 Times (4A)				
4x200 Relay	*	Top 9 Times (4A)				
4x400 Relay	4:09.54	Top 9 Times (4A)				
4x800 Relay	*	Top 9 Times (4A)				

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